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# Healesville Football Netball Club

## Vs. Gembrook-Cockatoo

### Round 1 – Saturday 17<sup>th</sup> April, 2010

#### Mission Statement

Healesville Football & Netball Club (HFNC) exists to provide and environment where the youth and community of Healesville can fulfill their sporting and recreational dreams.

The HFNC endeavours to operate in a successful manner, while promoting family values of friendship, honesty, fearlessness, loyalty, respect and support for all members past and present.

#### Presidents Report

Well the long awaited first game of season 2010 is upon us!! I would like to welcome all Bloods players, supporters and sponsors to the game today as well as Steve Goodie, President of Gembrook FNC and his players and supporters.

It has been a long, hard but very fulfilling pre season for both the footballers and netballers. The commitment shown by our players over the past 5 months has been extraordinary. You should all be extremely proud of your pre-season efforts.

There are a few people who I would personally like to welcome into our Bloods family:

- Our new Under 18 players and their families – welcome on board and thank you for choosing to stay at your local club.
- Frank Lesiputty (Senior football coach), wife Christine and his daughters Georgia, Paige and Olivia.
- Vince Silluzio (Chairman of Selectors) and his family
- Kathy Brown (Netball Coach)
- New football recruits Dean Selkrig, Matt Menzies, Chance Burrige, Luke Gardiner and Rhys Culwik
- New netball recruits Kylie Malone, Cat Duncan, Lisa and Katie Carlton, Jess Heyward and Katie Bateman – and finally
- Michael Krikas and Simon Gordon – who have played elsewhere over the past few years and have returned to the Bloods

It has been an intense preseason – and not only on the oval and netball court. The committee of the HFNC have been working in overdrive over the past few months designing a new logo and having new club apparel made, scheduling the club functions and events for the season, organising memberships and sponsorship, organising the newsletter and much more. A special THANK YOU must go to all of my committee members and volunteers on game day, for your hard work and positive input. Your dedication and commitment to the club has not gone unnoticed and it is much appreciated.

Finally I wish all six teams, coaches and officials the best of luck today.

Season 2010 – The year of the BLOODS!!!!!!!

Kym Estcourt

## TONIGHT – Pasta Night

*Dinner served at 6.30pm*

*\$8.00 per meal*

*ALL WELCOME*



# Football Reports

## Frank Lesiputty – Senior Football Coach

The season proper has finally come upon us and the players have been working extremely well since before Christmas. I am excited at the way the players have embraced everything I have introduced. The players have set high standards for themselves taking onus for any players missing training, being subjected to harsh penalties from within the playing group at the end of training.

Post Christmas has seen us step up the intensity at training with Billy and Alf pushing the players with boxing on Tuesdays and Egg getting the best out of the players with his running regimes.

I am extremely happy to have Tommy Chandler staying on at the club coaching the Under 18's side and being Assistant Coach in the seniors, with Vince Silluzio and Peter Mathieson also being assistant coaches for the seniors. Felix has been fantastic as Football Manager as have numerous others who I apologise for not mentioning at the moment but will endeavour to do so in the future.

To have 50 players attend the pre season camp at French Island was wonderful; we experienced some very hard activities and learnt the importance of working as a team.

Our first intra club match on a Friday night under lights was a very positive hit out as was the eye opener we had against a very good opponent in Mount Eliza where although the score wasn't flattering for us, what we learnt we need to do to become a good side was invaluable, our recent game against EFL 2<sup>nd</sup> division side Ringwood where we won by 7 goals showed what we are capable of doing if we concentrate and play high intensity, unselfish team football. A lot of hard work has been done so far but it's only the beginning of more to come if we are to be a premiership contender in 2010.

I have and will continue to challenge the players both mentally and physically to keep improving and get the best out of themselves. I look forward to the season ahead with real excitement knowing that we as a club are capable of and hope to achieve, I ask all supporters to really get behind the club with your support and if you think you can help out in anyway no matter how small it would be much appreciated as many hands make light work.

Cheers, Frank Lesiputty.

## Tom Chandler – Under 18's Coach

Welcome to all new players and families to the 2010 footy season. I feel sure you will enjoy the season and the environment around the senior club. At the start of pre season training it was decided that the Under 18 group of players would participate in the senior and reserve pre season preparation in the hope that this will help better prepare the players for senior footy, but also have all three grades feel as though they are part of the big picture.

The bulk of the Under 18 group has completed the majority of the pre season and I believe that we look as if we will shape up pretty well. We have worked to get as many of the local kids playing at our club whether they were coming up from the junior club, had spent some time at another club, or played last year and are now the top age players. We also have a couple of players who travel up to training each week who go to school with some of the locals and these guys have fitted in really well. At this point I would like to really encourage all parents to get involved either on training nights or game days as your input and help would be much appreciated.

We are fortunate enough to have some great people helping the guys out this year in Greg Dunnett as Team Manager, Mick Connell as Runner and Mark Fisher as my Assistant. These guys will also be a great benefit to the players as their knowledge of the game will help us to develop the group as the year progresses and I look forward to working with them as the season progresses also.

We have had a very solid pre season, a couple of really competitive practice matches, and a training camp that could only be described sheer torture for the old blokes like myself, Felix, Greg, Frank and Pete. I kid you not this camp will stand the group in good stead in not only their but hopefully in life in general, because each and every one of them was challenged in a big way and to a man they all stepped and got on with the job.

I look forward to the year ahead with a lot of confidence and I ask that if you have any questions or queries during the year, don't hesitate to come and see me as I am more than willing to listen and help where possible.

Cheers, Tom Chandler.

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# Netball Reports

## Kathy Brown – Senior Netball Coach

What an intense and exciting pre season us netballers have had! Taking over the Healesville Netball Club has been an extremely enjoyable experience and I can safely say on behalf of all the girls we are well and truly ready to get the season started – Bring on Gembrook!

Congratulations to C Grade last year on winning the Premiership. C Grade this year shows so many new faces and a fresh new team. I am thrilled to have Lucy and Michelle as captain and vice captain. Our C Grade girls have improved so much already this year and will only continue to do so as they learn to gel on court and get some more match practice.

Coaching and playing A Grade may be a little tricky at times but I am very excited to be doing both this season. We have recruited well and the girls have instantly developed a great relationship both on and off the court. Having developed the motto “80% isn’t enough!” we are keen to start the season strong and who knows where we might end up! Congratulations to Louise for being selected as captain and Bianca as vice. We such strong leadership we are bound to give any team a run for their money.

Go Bloods! Kathy Brown.

## Bianca Featherstone – B Grade Coach

The netball girls have been training hard for the past 10 weeks under the watchful eye of our new head coach Kathy Brown. All the girls have been extremely supportive and welcoming of Kathy and it’s been great to see the large numbers to each training session. It’s been a pleasure to meet some new faces and welcome them to the club and to see some old faces returning for another season.

The B-grade girls have had a couple of practise matches in the lead up to round one. The first was a few weeks ago against Donvale, who were a much taller and stronger team. The girls worked hard but were a little rusty, although it was their first hit out for the year together. They only went down by the smallest of margins however there were many positives to take away from the game but also we were aware of areas that needed improvement before the start of the season.

Last week we took on Olinda-Ferny Creek, the girls started very well and worked together on the tactics we’d discussed prior to the game. As in the first practise we shuffled the line-up at each quarter break to try different combinations, I know that this can be unsettling but the girls adjusted well to new players in different positions. Unfortunately due to unavailability and injury we were down to only 7 girls for most of the game which was evident in the last quarter with some heavy legs running around. Overall I was very impressed and happy with the way the girls responded to my instructions and conducted themselves on the court.

The girls will build from these two hit outs and their match fitness will improve as we progress through the early rounds. We’re all eager to start our 2010 campaign against Gembrook in round one and we look forward to improving on the 2009 season.

Great effort throughout the pre-season to all of the girls but the hard work starts now!

Let’s work together, support and encourage each other and see how far we can go!

GO BLOODS! Bianca Featherstone.

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# EVENTS CALENDAR 2010

## **Saturday 17th April**

Round 1 - Home Vs Gembrook-Cockatoo  
Pasta night - Dinner served at 6.30pm

## **Saturday 15<sup>th</sup> May**

Round 5 – Home Vs Olinda Ferny Creek  
Mock Wedding

## **Friday 21st May**

Interleague Weekend  
Ladies Night

## **Saturday 3rd July**

Round 11 – Home Vs Warburton-Millgrove  
Snow Ball - Sanctuary House

## **Saturday 17th July**

Round 13 – Home Vs Upwey-Tecoma  
Past Players Lunch

## **Saturday 7th August**

Round 16 – Away Vs Mt. Evelyn  
Trivia Night  
\$15 per ticket 8-10 per team

## **Saturday 21st August**

Round 18 – Away Vs Silvan  
Function/Dinner TBA